

# Easing fears and misconceptions about the COVID-19 vaccines

## Safe & Effective



Minority persons should not be skeptical of these vaccines because they have met all of the federal guidelines needed to approve vaccines. Given the unfortunate history and treatment of minority health, it is understandable that there would be skepticism.

Health collaboratives, like the Black Coalition Against COVID, are hoping to inspire minority populations to regain trust in the healthcare system and to sign up for the COVID-19 vaccine.



### Did you know?

Kizzmekia Corbett is an African-American scientist at the National Institutes of Health that has helped develop a COVID-19 vaccine. Corbett discussed how this process began for her by saying, "The reason that I started to work in coronavirus was not to ever develop a vaccine, but really to have such a strong understanding in vaccine immune responses that we could potentially develop one."

### 5 Things You Should Know About the COVID-19 Vaccines

1

The COVID-19 vaccines can help boost your immunity against the virus and completed the normal process and safety protocols of the U.S. vaccine safety system.

2

Tens of thousands of people were given the vaccines in clinical trial studies. No shortcuts were given to the development and approval processes of these vaccines.

3

It is possible that you may experience a sore arm, headache, fever, or body aches. This is a sign that your body is building immunity to the virus and this is normal.

4

Taking precautions (i.e. mask wearing) helps to ensure that the vaccine has time to build immunity in your body and that you continue to protect yourself from risk of getting the virus.

5

Receiving a COVID-19 vaccine is the best and safest way to boost the immune system. This will help our community build a herd immunity from the virus.